

## WHAT IMPRESSIONS OTHERS MAKE OF YOU?

What is the image others, such as your friends, have of you? Let's try and discover this together. Read the following questions and choose the symbol that best describes your reactions, thoughts or feelings:

**1. You are in a bad mood and have no idea why. Do you**

- ▲ Isolate yourself?
- Prevent others about your mood?
- ▲ Take it out on the first person coming your way?

**2. A friend asks you if, by any chance, you are in love with his/her sister/brother. Do you**

- Say "YES, It's true" and confess but make him/her promise to keep the secret?
- Tell him/her that he/she is delirious? In fact it is all true, but you are not sure the feeling is shared and do not want to look ridiculous.
- Deny because you would be very ashamed if the rumour was heard by that person?

**3. You realize that your interlocutor has not really understood what you wanted you say. Do you**

- Leave it there? It often happens to you to be misunderstood.
- ▲ Repeat the very same thing, asking them to pay more attention to you?
- ▲ Say it all over again, re-phrasing it this time?

**4. You have forgotten about the anniversary/birthday of your best friend. Do you**

- Phone him/her immediately?
- Get the temptation to pretend nothing has happened?
- If he/she complains, you explain it is just a conventional thing and it does not mean much?

**5. She/he said something that hurt. Do you**

- Fight it back right away? You are not the type to take insults lightly.
- Tell him/her that he/she hurt your feelings? And ask if he/she did it on purpose?
- Let it pass? Surely he/she would have thought you are suspicious.

**6. She/he tells you about a love that hurts. Do you**

- Listen patiently even if this has started to become boring and tiring?
- Listen but think he/she could be more realistic?
- Make a long face? Tomorrow he/she will have forgotten it all, as usual!